

## RESOURCE LIST FOR NATURE/FIELD JOURNALISTS

### Wolf Creek Educational Center, Summer, 2022

#### NATURAL JOURNALING BOOKS

- ***Nature Journaling for a Wild Life*** by Roseann Peggy Hanson. An eight-week guided course of the basics of journaling in nature. She provides simple but helpful examples and exercises This is my favorite. You can purchase this on her website (see below)
- ***The Laws Guide to Nature Drawing and Journaling*** by John Muir Laws. This is a comprehensive book on anything you would want to know about nature journaling. Be sure to check out his excellent website with tutorials, interviews, and tools!
- ***Keeping a Nature journal, (2nd ed.)*** by Clare Walker Leslie & Charles E. Roth. Great ideas for exploring and recording the natural world.

#### SPECIALIZED BOOKS

- ***Explorer's Sketchbook, The Art of Discovery & Adventure*** by Huw Lewis-Jones and Kari Herbert. \*Excerpts from 70 sketchbooks from explorers through history that share their art of discovery.
- ***The Lost Art of Reading Nature's Signs***, by Tristan Gooley

#### FIELD GUIDES

\*I have located really good local pamphlets (usually free) and books at U.S. Forest Service and Bureau of Land Management offices. My first stop at state and national parks would be their visitor centers - especially the book selection. I also have a number of field guides on birds, reptiles, insects & spiders, plants, and weather.

- ***The California Field Atlas*** by Obi Kaufmann. Not your usual field guide, it is filled with watercolor drawings of flora and fauna along with the maps of their locations.
- ***Common Birds of Northwest California*** by Burton & Scopes-Anderson
- ***Northwest Foraging, The Classic Guide to Edible Plants of the Pacific Northwest*** by Doug Benoliel
- ***Pacific Coast*** by Audubon Society
- ***Plants of the Pacific Northwest Coast, Washington, Oregon, British Columbia & Alaska*** by Pojar and Mackinnon

#### WILD WONDER NATURE JOURNALING CONFERENCE

\*Online, 10 hours a day for 5 days, can be viewed months afterward.  
Wild Wonder Nature Journaling Conference, September 14-18, 2022:  
<https://johnmuirlaws.com/wildwonder/>

## WORKSHOPS

- **Roseann Hanson:**

<https://www.exploringoverland.com/bio-roseann-hanson>

This is a great website for Workshops. Some are free.

- **John Muir Laws:** <https://johnmuirlaws.com>

This is a must-go-to site. If you want to know anything about nature journaling you will find a video tutorial on here. His store has many items for free downloading and his (not free) nature journaling book is comprehensive.

- **Rosalie Haizlett:** <https://www.rosaliehaizlett.com>

Wonderful workshops and some are free.

## NATURE JOURNAL SITES

- **Donna L. Long:** <https://donnaalong.com/basic-information-on-keeping-a-nature-journal/>

Excellent resource to understand the Grinnell Method and see it in use.

- **Christine Elder:** <https://christineelder.com>

Field Biologist and Environmental Educator

- **Kristen Mauser:** <https://www.naturemeuse.com>

This is a site for online courses on NJ in watercolor.

- **Marley Peifer:** <http://marleypeifer.com>

Nature Journaling Educator. Site has lots of good videos and podcasts.

## SCIENCE LINKS

- **Weather Station Symbols:** <https://www.nj.gov/dep/seeds/wssym.htm>

- **Naturalist Tools** (pdf): <https://johnmuirlaws.com/product/naturalist-tools-journal-insert/>

- **All About Birds, Cornell Lab:** <https://www.allaboutbirds.org/news/>

- **Types of Clouds:** [https://www.superteacherworksheets.com/weather/cloud-types-article\\_WMWFQ.pdf](https://www.superteacherworksheets.com/weather/cloud-types-article_WMWFQ.pdf)

- **Cloud Appreciation Society:** <https://cloudappreciationsociety.org/>

## MODERN RELEVANCE OF THE FIELD JOURNALS OF JOSEPH GRINNELL:

“What a 1900’s Wildlife Survey Reveals About Climate Change”, Wired, February 3, 2021. <https://www.wired.com/story/what-a-1900s-wildlife-survey-reveals-about-climate-change/>

“The Ghosts of Yosemite, Scientists from the Past Bring Us a Message for the Future, High Country News: <https://www.hcn.org/issues/308/15837>

Audubon: <https://www.audubon.org/magazine/spring-2020/researchers-are-retracing-steps-century-old>

## iPHONE APPS

\*These apps may be available on other phones.

- **iNaturalist:** Invaluable aid in identifying birds to mushrooms this is a collaboration between National Geographic and The California Academy of Science. Become a citizen scientist!
- **MapMyWalk:** I use the map and tracking function as a reference for my maps in my journal.
- **Camera:** For backup photos of objects or scenes I’m drawing.
- **Magnifier:** I discovered this by accident. It also takes photos!
- **Maps:** Google Maps, Apple Maps, Avenza Maps (download old Topo maps)
- **Compass:** One can get lost in the Arcata Forest.
- **Weather:** [weather.com](http://weather.com) provides information on temperatures but also wind, humidity, dew point, pressure, UV index, visibility, moon phase ALL with symbols you can use in your journal.
- **Measure:** The phone measures the length of an object as well as its horizontal orientation.
- **Radar Pro:** Beautiful colored maps of current weather conditions.
- **Google Earth:** You can go anywhere to journal.

## TOOLS & MATERIALS

### 1) *My Minimalist Kit*

- **Journal:** Choose one that opens flat. Pick papers that are suitable for the materials you are using.
- **Pencil:** Mechanical pencils with 0.7 lead
- **Erasure:** Kneaded erasure
- **Pen:** Sharpie thin tip pen (or Micron)
- **Watercolor Palette:** small metal (magnetic) with 18 colors.
- **Watercolor Brush:** Pentel Aquash
- **Travel Brushes:** Rosemary round and angled.

- **Water:** Small spritzer and a small (2 oz) Nalgene water bottle (won't leak).
- **Cleanup:** Blue shop towel and/or top cuff of an old sock.
- **Ruler:** 6" clear plastic
- **Deli Paper:** Put between wet pages
- **Carry-all:** I carry everything in a small zippered bag that fits into my purse or backpack

**2) Not-Minimalist Kit:** (in addition to above)

- **Pens:** Lamy Safari fountain pen, Platinum Carbon Ink fountain pen, Sailor Fude fountain pen, Pilot Parallel Pens
- **Colored Pencils:** Faber Castell Polychromes
- **Watercolor Pencils:** Derwent Inktense
- **Binoculars:** Pentax Papilio II 8.5 x 21
- **Seating:** Small foldable tripod stool.
- **Phone:** iPhone

## ART RESOURCES

**The Art Center:** 823 H St, Arcata, CA, <https://www.facebook.com/artcenterarcata/>

\***Just My Type Letterpress Paperie:** 235 F St., Eureka, CA,  
<http://justmytypeletterpress.com/>

This is a wonderful store for inks, journals, amazing pens.

**Ellis Engineering:** 401 5th St, Eureka, CA, <http://www.ellishasit.com/>

**Art Toolkit:** <https://arttoolkit.com>

**John Muir Laws Store:** <https://johnmuirlaws.com/store/>

**Roseann Hanson Store:** <https://www.exploringoverland.com/shop>

June 30, 2022